

# ANGELA FANG, PHD

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## EDUCATION

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- 2014-2016     **Massachusetts General Hospital/Harvard Medical School**  
Postdoctoral Fellowship, OCD and Related Disorders Program, January 2016  
Predoctoral Internship, Cognitive-Behavioral Scientist Track, June 2014
- 2009-2014     **Boston University**  
Ph.D., Psychology (Clinical Psychology), September 2014  
M.A., Psychology (Clinical Psychology), September 2010
- 2003-2007     **Dartmouth College**  
A.B., Psychological and Brain Sciences; Chinese, *magna cum laude*

## ACADEMIC APPOINTMENTS

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- 2020-             **University of Washington**  
Assistant Professor, Department of Psychology and Graduate Program in Neuroscience
- 2016-2020       **Harvard Medical School**  
Assistant Professor, Department of Psychiatry, July 2017-July 2020  
Instructor, Department of Psychiatry, February 2016-June 2017

## CLINICAL APPOINTMENTS

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- 2016-2020       **Massachusetts General Hospital**  
Clinical Assistant in Psychology, Department of Psychiatry

## HONORS AND AWARDS

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- 2022             Association for Women in Science (AWIS) Early Career Achievement in STEM Award
- 2019             Society of Biological Psychiatry (SoBP) Domestic Travel Fellowship Award (\$2,000)
- 2017             Excellence in Mentoring Award, Massachusetts General Hospital
- 2017             Kavli Summer Institute in Cognitive Neuroscience Fellowship
- 2016             Association for Psychological Science (APS) Rising Star Award
- 2015             Anxiety and Depression Association of America (ADAA) Career Development Leadership Program
- 2014             Association for Behavioral and Cognitive Therapies (ABCT) Pre-Conference Institute Student Scholarship Award
- 2014             ADAA Career Development Travel Award
- 2014             Functional MRI Visiting Fellowship, Athinoula A. Martinos Center for Biomedical Imaging

2012 John and Geraldine Weil Memorial Charitable Foundation Dissertation Award (\$500)  
 2007 Phi Beta Kappa  
 2007 Presidential Scholar  
 2007 Lincoln Filene Summer Undergraduate Research Fellowship (\$3,000)  
 2006-2007 Dean of Faculty Kaminsky Family Fund Senior Honors Thesis Research Award (\$1,800)  
 2005-2007 Rufus Choate Scholar (top 5% of undergraduate class)

## GRANTS AND FELLOWSHIPS

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### *Pending*

2024-2029 **National Institute of Mental Health (R01MH133581-01A1)**  
 Contributions of Self-Focused Attention to Early Warning Indicators of CBT Non-Response  
 Role: PI

### *Current*

2023-2024 **Royalty Research Fund**  
 Oxytocinergic Mechanisms of Social Safety Learning in Women with Social Anxiety Disorder  
 \$39,197 (Role: PI)

2022-2024 **Brain and Behavior Research Foundation (NARSAD) Young Investigator Award**  
 Social Safety Learning and the Brain Oxytocin System in Social Anxiety Disorder  
 \$70,000 (Role: PI)

### *Completed*

2016-2022 **National Institute of Mental Health (K23MH109593)**  
 Brain Correlates of Self-Focused Processing as a Biomarker of Treatment Response  
 \$887,681 (Role: PI)

2015-2019 **National Institute of Mental Health (L30MH108001)**  
 Clinical Research Loan Repayment Program  
 Initial Contract: \$6,874; Renewal Contract: \$6,674

2014-2018 **International Obsessive-Compulsive Disorder Foundation Young Investigator Award**  
 Effect of Intranasal Oxytocin on Social Cognition in Body Dysmorphic Disorder  
 \$31,476 (Role: PI)

2014-2017 **Mind Brain Behavior Interfaculty Initiative, Harvard University**  
 An Investigation of Oxytocin as a Biomarker of Social and Cognitive Impairments in Body Dysmorphic Disorder  
 \$49,900 (Role: PI)

2012-2013 **Clara Mayo Memorial Fellowship, Boston University**  
 Effect of Oxytocin on Pro-Social Behavior in Social Anxiety Disorder  
 \$5,660 (Role: PI)

### *Not Funded*

- 2022-2027      **National Institute of Mental Health (R01MH129601)**  
An Integrative Brain Network Model of Self-Focused Attention and Predictors of Treatment Response  
Role: PI
- 2019-2021      **Brain and Behavior Research Foundation (NARSAD)**  
Default Mode Network Impairment in Self-Focused Disorders  
Role: PI
- 2012-2015      **National Institute of Mental Health (F31MH098529)**  
Effect of Oxytocin on Pro-Social Behavior in Social Anxiety Disorder  
Role: PI (Mentor: Hofmann)
- 2011-2014      **National Institute of Mental Health (F31MH096431)**  
Specificity of Social Rejection in Social Anxiety Disorder, Body Dysmorphic Disorder, and Obsessive-Compulsive Disorder  
Role: PI (Mentor: Hofmann)

## TRAINING FELLOWSHIPS AND TRAINEE AWARDS

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### *Trainee Fellowships*

- 2023-2024      **Vision Training Grant National Eye Institute T32 Predoctoral Fellowship**  
\$27,144 plus 3 quarters of tuition (Trainee: Gillian Grennan)  
Aberrant visual processing in own and other-face viewing in patients with body dysmorphic disorder
- 2022              **Center for Human Neuroscience Student Technology Fee Award**  
\$13,000 (Trainee: Nikita Nerkar)  
Role of self-construals on neural responses during vicarious extinction learning in socially anxious adults
- 2022              **Center for Human Neuroscience Student Technology Fee Award**  
\$13,000 (Trainee: Cecilia Mustelin)  
Vicarious extinction learning as a function of trait rejection sensitivity in socially anxious individuals

### *Trainee Awards*

- 2023              APA Summer Undergraduate Psychology Experience in Research (SUPER) Fellowship (Trainee: Ken Kavin)
- 2023              NSF Graduate Research Fellowship Honorable Mention (Trainee: Gillian Grennan)
- 2023              Mary Gates Research Scholarship (Trainee: Ken Kavin)
- 2022              Guthrie Prize for Best Conceptual Research Proposal (Trainee: Nikita Nerkar)
- 2022              Mary Gates Research Scholarship (Trainee: Nikita Nerkar)
- 2021              Department of Psychology Research Scholar Award (Trainee: Nikita Nerkar)

## PUBLICATIONS

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†Indicates trainee

1. **Fang, A.**, Baran, B., Feusner, J. D., Phan, K. L., Beatty, C. C., †Crane, J., Jacoby, R. J., Manoach, D. S., & Wilhelm, S. (2023). Self-focused brain predictors of cognitive behavioral therapy response in a transdiagnostic sample. [Preprint](#).
2. Greenberg, J. L., Phillips, K. A., Hoepfner, S. S., Jacobson, N. C., **Fang, A.**, & Wilhelm, S. (2023). Mechanisms of cognitive behavioral therapy vs. supportive psychotherapy in body dysmorphic disorder: An exploratory mediation analysis. *Behaviour Research and Therapy*, *161*, 104251.
3. Berman, N. C., **Fang, A.**, Hoepfner, S. S., Reese, H., Siev, J., Timpano, K., & Wheaton, M. G. (2022). COVID-19 and OCD symptoms in a large multi-site college sample. *Journal of Obsessive-Compulsive and Related Disorders*, *33*, 100727.
4. **Fang, A.**, Baran, B., †Beatty, C. C., †Mosley, J., Feusner, J. D., Phan, K. L., Wilhelm, S., & Manoach, D. S. (2022). Maladaptive self-focused attention and default mode network connectivity: A transdiagnostic investigation across social anxiety disorder and body dysmorphic disorder. *Social Cognitive and Affective Neuroscience*, *17*(7), 645-654. [Preprint](#).
5. **Fang, A.**, Berman, N. C., Hoepfner, S. S., Wolfe, E., & Wilhelm, S. (2021). State and trait risk and resilience factors associated with COVID-19 impact and obsessive-compulsive symptom trajectories. *International Journal of Cognitive Therapy*, *15*, 168-190.
6. **Fang, A.**, & Young, K. S. (2021). Introduction to the special issue: Neurocognitive therapies, translational research, and diversity, equity, and inclusion in 2021. *The Behavior Therapist*, *44*(7), 321-326.
7. Laky, Z.\*, Szkutak, A.\*, & **Fang, A.** (2021). Toward a more inclusive neuroscience-informed treatment of OCD: A clinical case example. *The Behavior Therapist*, *44*(7), 340-345.  
\*Equal contribution
8. Strege, M., Persons, J. B., Ressler, K., Krawczak, R., **Fang, A.**, Goldin, P., & Siegle, G. (2021). Integrating neuroscience into clinical practice: Current opinions and dialogue between Drs. Jacqueline Persons and Kerry Ressler. *The Behavior Therapist*, *44*(7), 326-334.
9. Blashill, A. J., Grunewald, W., **Fang, A.**, Davidson, E. J., & Wilhelm, S. (2020). Conformity to masculine norms and symptom severity among men diagnosed with muscle dysmorphia vs. body dysmorphic disorder. *PLoS One*, *15*, e0237651.
10. **Fang, A.**, Steketee, G., Keshaviah, A., Didie, E., Phillips, K. A., & Wilhelm, S. (2020). Mechanisms of change in cognitive behavioral therapy for body dysmorphic disorder. *Cognitive Therapy and Research*, *44*, 596-610.
11. **Fang, A.**, Jacoby, R. J., †Beatty, C., Germine, L., Plessow, F., Wilhelm, S., & Lawson, E. A. (2020). Serum oxytocin levels are elevated in body dysmorphic disorder and related to severity of psychopathology. *Psychoneuroendocrinology*, *113*, 104541.

12. **Fang, A.**, †Porth, R., Wilhelm, S., & Phillips, K. A. (2019). Personality as a predictor of treatment response to escitalopram in adults with body dysmorphic disorder. *Journal of Psychiatric Practice*, *25*, 347-357.
13. **Fang, A.**, Lawson, E. A., & Wilhelm, S. (2019). Intranasal oxytocin modulates higher-order social cognition in body dysmorphic disorder. *Depression and Anxiety*, *36*, 153-161.
14. **Fang, A.** (2018). Integrating neuroscience into research on cognitive behavioral therapy on a continuum of involvement. *The Behavior Therapist*, *41*, 323-327.
15. **Fang, A.**, Berman, N., Chen, J. A., & Zakhary, L. (2018). Treating obsessive-compulsive disorder in the postpartum period: Diagnostic and cultural considerations. *Harvard Review of Psychiatry*, *26*, 82-89.
16. **Fang, A.**, Treadway, M.T., & Hofmann, S.G. (2017). Working hard for oneself or others: Effect of oxytocin on reward motivation in social anxiety disorder. *Biological Psychology*, *127*, 157-162.
17. **Fang, A.**, Siev, J., Minichiello, W. E., & Baer, L. (2016). Association between scrupulosity and personality characteristics in individuals with obsessive-compulsive symptoms. *International Journal of Cognitive Therapy*, *9*, 245-260.
18. **Fang, A.**, & Wilhelm, S. (2016). Antidepressant use with d-cycloserine may block fear extinction. *Evidence Based Mental Health*, *19*, e5.
19. Hofmann, S. G., **Fang, A.**, & Brager, D. N. (2015). Effect of intranasal oxytocin administration on psychiatric symptoms: A meta-analysis of placebo-controlled studies. *Psychiatry Research*, *228*, 708-714. Retraction and replacement due to coding errors in the misspecification of the direction of several outcomes included in the meta-analysis.
20. Berman, N. C., **Fang, A.**, Hansen, N., & Wilhelm, S. (2015). Cognitive-based therapy for OCD: Role of behavior experiments and exposure process. *Journal of Obsessive Compulsive and Related Disorders*, *6*, 158-166.
21. **Fang, A.**, & Wilhelm, S. (2015). Clinical features, cognitive biases, and treatment of body dysmorphic disorder. *Annual Review of Clinical Psychology*, *11*, 187-212.
22. **Fang, A.**, Hoge, E. A., Heinrichs, M., & Hofmann, S. G. (2014). Attachment style moderates the effects of oxytocin on social behavior and cognition during social rejection: Applying an RDoC framework to social anxiety disorder. *Clinical Psychological Science*, *2*, 740-747.
23. Cooper, R., Doehrmann, O., **Fang, A.**, Hoijsink, H. J. A., & Hofmann, S. G. (2014). Relationship between social anxiety and perceived trustworthiness. *Anxiety, Stress, and Coping*, *27*, 190-201.
24. Hofmann, S. G., **Fang, A.**, & Gutner, C. A. (2014). Cognitive enhancers for the treatment of anxiety disorders. *Restorative Neurology and Neuroscience*, *32*, 183-195.
25. **Fang, A.**, Matheny, N. L., & Wilhelm, S. (2014). Body dysmorphic disorder. *Psychiatric Clinics of North America*, *37*, 287-300.

26. Hofmann, S. G., Smits, J. A. J., Rosenfield, D., Simon, N., Otto, M. W., Meuret, A. E., Marques, L., **Fang, A.**, Tart, C., & Pollack, M. (2013). D-cycloserine as an augmentation strategy of cognitive behavioral therapy for social anxiety disorder. *American Journal of Psychiatry*, *170*, 751-758.
27. **Fang, A.**, Sawyer, A. T., Asnaani, A., & Hofmann, S. G. (2013). Social mishap exposures for social anxiety disorder: An important treatment ingredient. *Cognitive and Behavioral Practice*, *20*, 213-220.
28. **Fang, A.**, Sawyer, A. T., Aderka, I. M., & Hofmann, S. G. (2013). Psychological treatment of social anxiety disorder improves body dysmorphic concerns. *Journal of Anxiety Disorders*, *27*, 684-691.
29. Hofmann, S. G., Sawyer, A. T., **Fang, A.**, & Asnaani, A. (2012). Emotion dysregulation model of anxiety disorders. *Depression and Anxiety*, *29*, 409-416.
30. Hofmann, S. G., Asnaani, A., Vonk, I. J. J., Sawyer, A. T., & **Fang, A.** (2012). The efficacy of cognitive behavioral therapy: A review of meta-analyses. *Cognitive Therapy and Research*, *36*, 427-440.
31. **Fang, A.**, Asnaani, A., Gutner, C., Cook, C., Wilhelm, S., & Hofmann, S. G. (2011). Rejection sensitivity mediates the relationship between social anxiety and body dysmorphic concerns. *Journal of Anxiety Disorders*, *25*, 946-949.
32. Weingarden, H., Marques, L., **Fang, A.**, LeBlanc, N., Buhlmann, U., Phillips, K. A., & Wilhelm, S. (2011). Culturally adapted cognitive behavioral therapy for body dysmorphic disorder: Case examples. *International Journal of Cognitive Therapy*, *4*, 381-396.
33. Hofmann, S. G., Sawyer, A. T., & **Fang, A.** (2010). The empirical status of the “new wave” of cognitive behavioral therapy. *Psychiatric Clinics of North America*, *33*, 701-710.
34. **Fang, A.**, & Hofmann, S. G. (2010). Relationship between social anxiety disorder and body dysmorphic disorder. *Clinical Psychology Review*, *30*, 1040-1048.
35. Marques, L., Alegria, M., Becker, A. E., Chen, C., **Fang, A.**, Chosak, A., & Diniz, J. B. (2010). Comparative prevalence, correlates of impairment, and service utilization for eating disorders across U.S. ethnic groups: Implications for reducing ethnic disparities in health care access for eating disorders. *International Journal of Eating Disorders*, *44*, 412-420.

*Manuscripts Under Review/In Preparation*

1. †Grennan, G., †Zhao, Y., & **Fang, A.** (revise and resubmit). Applying a drift diffusion model to test the effect of oxytocin on attentional bias in body dysmorphic disorder.
2. Snorrason, I., Greenberg, J. L., Berger-Gutierrez, R. M., Usmani, A., Summers, B. J., **Fang, A.**, Phillips, K. A., & Wilhelm, S. (under review). Towards a culturally sensitive assessment of body dysmorphic disorder in the U.S.: Elevated other-focused concerns among individuals of Asian heritage.
3. Wolfe, E., Snorrason, I., Laky, Z., **Fang, A.**, Summers, B., Phillips, K. A., Wilhelm, S., & Greenberg, J. L. (under review). Clinical characteristics among sexual minority and heterosexual women with body dysmorphic disorder.

4. **Fang, A.**, Baran, B., Feusner, J. D., Phan, K. L., Beatty, C. C., †Crane, J., Jacoby, R. J., Manoach, D. S., & Wilhelm, S. (under review). Self-focused brain predictors of cognitive behavioral therapy response in a transdiagnostic sample.
5. **Fang, A.**, Bukhari, Q., Deshpande, R., Tadayonnejad, R., & Feusner, J. D. (in preparation). Dynamic causal modeling of aberrant visual processing of fear in body dysmorphic disorder.
6. Snorrason, I., Jaroszewski, A. C., Hoepfner, S. S., Weingarden, H., Greenberg, J. L., Summers, B. J., **Fang, A.**, Hollander, E., Goodman, W., Phillips, K. A., & Wilhelm, S. (in preparation). Factor structure and construct validity of the Yale-Brown Obsessive-Compulsive Scale Modified for Body Dysmorphic Disorder.

## COMMITTEE REPORTS

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1. **Fang, A.**, Masia, C., Moreland, A., Raval, V., & Roley-Roberts, M. (2023). Leadership and elections committee final proposal on ABCT student vote bylaws amendment. *The Behavior Therapist*, *46*, 207-208.
2. **Fang, A.**, Masia, C., Moreland, A., Raval, V., & Roley-Roberts, M. (2023). Renewing our leadership vows at ABCT to promote equity and inclusion. *The Behavior Therapist*, *46*, 208-209.

## BOOK CHAPTERS

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†Indicates trainee

1. †Iannazzi, E., †Grennan, G., †Zhao, Y., †Crane, J., & **Fang, A.** (under review). Cognitive Behavioral Model and Overview of Core Components of CBT. In J. L. Greenberg & H. Weingarden (Eds.), *CBT: Science into Practice: Optimizing Evidence-Based Treatment for Body Dysmorphic Disorder*.
2. Summers, B. J., Laky, Z. E., Greenberg, J. L., Chosak, A., **Fang, A.**, & Wilhelm, S. (in press). Treatment of body dysmorphic disorder. In D. Tolin (Ed.), *The Oxford Handbook of Obsessive Compulsive and Spectrum Disorders*. New York: Oxford University Press.
3. Bernstein, E. E., Szkutak, A., **Fang, A.**, Blashill, A. J., Ragan, J., & Greenberg, J. L. (2023). Cognitive behavioral therapy for body dysmorphic disorder. In S. Wilhelm, S. Sprich, & T. Petersen (Eds.), *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy*. Springer Science + Business Media.
4. Baer, L., **Fang, A.**, Berman, N.C., & Minichiello, W.E. (2017). Mood and anxiety disorder comorbidity in Obsessive-Compulsive Disorder. In C. Pittenger (Ed.), *Obsessive-Compulsive Disorder: Phenomenology, Pathophysiology, and Treatment* (pp. 603-621). Oxford Press: New York.
5. **Fang, A.**, Schwartz, R. A., & Wilhelm, S. (2016). Treatment of an adult with body dysmorphic disorder. In E. Storch & A. Lewin (Eds.), *Clinical Handbook of Obsessive-Compulsive and Related Disorders: A Case-Based Approach to Treating Pediatric and Adult Populations* (pp. 259-271). Switzerland: Springer Publishers.
6. Greenberg, J. L., Blashill, A. J., Ragan, J., & **Fang, A.** (2015). Cognitive behavioral therapy for body

dysmorphic disorder. In S. Wilhelm, S. Sprich, & T. Petersen (Eds.), *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy* (pp. 141-153). Springer Science + Business Media.

7. **Fang, A.**, & Hofmann, S. G. (2014). Translational research in social anxiety: Summary of newest developments and future directions. In J. W. Weeks (Ed.), *The Wiley-Blackwell Handbook of Social Anxiety Disorder* (pp. 391-408). Chichester, UK: John Wiley & Sons.
8. Hofmann, S. G., Gutner, C. A., & **Fang, A.** (2012). Social anxiety disorder. In V. S. Ramachandran (Ed.), *The Encyclopedia of Human Behavior*, 2<sup>nd</sup> edition (pp. 450-455). London: Academic Press.
9. Greenberg, J. L., Chosak, A., **Fang, A.**, & Wilhelm, S. (2012). Treatment of body dysmorphic disorder. In G. Steketee (Ed.), *The Oxford Handbook of Obsessive Compulsive and Spectrum Disorders* (pp. 401-421). New York: Oxford University Press.

## INVITED TALKS

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- 2023 "Probing Cognitive Behavioral Mechanisms Using Functional Neuroimaging and Oxytocin to Advance Precision Treatment for Anxiety"  
University of Washington Psychology Colloquium
- 2023 "The Promise of Integrating Neuroscience in Treatments for Anxiety"  
University of Washington Allen L. Edwards Psychology Lecture Series
- 2022 "Approaching Translational Neuroscience With Humility in the Years After George Floyd"  
Neurocognitive Therapies and Translational Research SIG Meeting, New York City, NY
- 2021 "Predictive Brain Imaging in Anxiety and Obsessive-Compulsive Disorders"  
Cognition and Perception Seminar, University of Washington Department of Psychology
- 2021 "Leveraging Predictive Brain Imaging and Intranasal Oxytocin to Deliver Precision Treatment for Anxiety and Obsessive-Compulsive Disorders"  
Grand Rounds, UW Department of Psychiatry and Behavioral Sciences [Virtual]
- 2021 "You, Me, and Oxytocin: Individual Differences in Delivering Precision Treatment"  
Endocrine Seminar, Seattle Children's Hospital [Virtual]
- 2021 "Cognitive Behavioral Therapy for Body Dysmorphic Disorder"  
Continuing Education Seminar, Evidence-Based Treatment Centers of Seattle [Virtual]
- 2021 "CBT for Anxiety and Obsessive-Compulsive Spectrum Disorders"  
UW Behavioral Health Integration Program [Virtual]
- 2020 "Current and Future Directions in Translational Clinical Neuroscience"  
University of Washington, Seattle, WA
- 2020 "Integrating Neuroscience Toward Delivering Precision Treatment and Developing Novel Therapeutics"  
University of Washington, Seattle, WA



- 2019 “Integrating Neuroscience Toward Delivering Precision Treatment and Developing Novel Therapeutics”  
Rutgers, The State University of New Jersey, New Brunswick, NJ
- 2019 “Neuroscience-Informed CBT: Where We Are and Where We Are Going”  
Neurocognitive Therapies and Translational Research SIG Meeting, Atlanta, GA
- 2019 “Integrating Neuroscience Toward Delivering Precision Treatment and Developing Novel Therapeutics”  
University of Michigan, Ann Arbor, MI
- 2019 “Integrating Neuroscience in Delivering Precision Treatment and Developing Novel Therapeutics”  
Grand Rounds, Center for Addiction Medicine, MGH, Boston, MA
- 2019 “Neuroscience-Informed CBT: Bridging the Gap Between Basic Brain Findings and Clinical Care”  
Invited Webinar, Association for Behavioral and Cognitive Therapies
- 2019 “Default Mode Network Markers of Self-Focused Pathology and Treatment Response”  
Laboratory for Neuropsychiatry and Neuromodulation, Martinos Center, Boston, MA
- 2019 “Measuring and Administering Oxytocin in Psychiatric Disorders: Two Complementary Investigations of the Role of Oxytocin in Body Dysmorphic Disorder”  
Harvard Mind Brain Behavior Interdisciplinary Oxytocin Research Initiative, Boston, MA
- 2018 “Integrating Neuroscience in Delivering Precision Treatment and Developing Novel Therapeutics”  
University of Illinois at Chicago, Chicago, IL
- 2018 “Cognitive Behavioral Therapy for Body Image” (Invited Video Consultant)  
University of Colorado Boulder, Boulder, CO
- 2018 “Biomarkers of Treatment Response”  
College of the Holy Cross, Worcester, MA
- 2018 “You, Me, and Oxytocin: Individual Differences in Delivering Precision Treatment”  
Mind Brain Behavior Interfaculty Initiative, Harvard University
- 2018 “Insular Cortex Mediates Approach and Avoidance Responses to Social Affective Stimuli” (Invited Clinical Discussant)  
Neuroendocrine Dialogues, Harvard Medical School, Boston, MA
- 2018 “Intranasal Oxytocin in Body Dysmorphic Disorder: Effects on Trust Behavior and Biases in Social Cognition”  
Harvard Mind Brain Behavior Interdisciplinary Oxytocin Research Initiative, Boston, MA
- 2017 “Searching for Brain Markers of Psychiatric Pathology and Treatment Response”  
Semel Institute for Neuroscience and Human Behavior, University of California Los Angeles

- 2017 “Biomarkers of Treatment Response”  
College of the Holy Cross, Worcester, MA
- 2017 “The Promises and Pitfalls of Intranasal Oxytocin in Psychiatry”  
Neuroendocrine Dialogues, Harvard Medical School
- 2016 “Brain Correlates of Self-Focused Processing as a Biomarker of Treatment Response”  
Sleep, Cognition, and Neuropsychiatry Lab, Martinos Center, MGH
- 2016 “The Role of Intranasal Oxytocin in Psychiatry: Effects on Attention, Motivation to Work for Rewards, and Psychiatric Symptoms”  
Harvard Mind Brain Behavior Interdisciplinary Oxytocin Research Initiative, Boston, MA
- 2016 “Body Dysmorphic Disorder: Recent Developments and Future Directions”  
Les Grodberg Memorial Lecture Series, McLean Hospital, Belmont, MA
- 2015 “An fMRI Investigation of the Neural Correlates of Self-Focused Attention in Body Dysmorphic Disorder and Social Anxiety Disorder”  
Center for Anxiety and Traumatic Stress Disorders, MGH
- 2014 “Oxytocin and Individual Differences in Social Anxiety Disorder”  
Harvard Mind Brain Behavior Interdisciplinary Oxytocin Research Initiative, Boston, MA
- 2014 “Cognitive-Behavioral Therapy for Body Dysmorphic Disorder”  
Eating Disorders Clinical and Research Program, MGH

#### **CONFERENCE SYMPOSIA AND PANELS: CHAIR/DISCUSSANT**

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1. **Fang, A.** (2021, November). Toward an intersectional model of translational neuroscience: Engaging marginalized community partners to adopt neuroscience in psychology clinics. Panel chaired at the meeting of the Association for Behavioral and Cognitive Therapies, virtual convention.
2. **Fang, A.** (2021, March). Leveraging neuroscience to examine predictors and mechanisms of treatment in anxiety and related disorders. Symposium chaired at the meeting of the Anxiety and Depression Association of America, virtual convention.
3. **Fang, A.** (2020, November). Enhancing the translational pipeline to advance neuroscience-informed clinical practice. Research and Professional Development session chaired at the meeting of the Association for Behavioral and Cognitive Therapies, virtual convention.
4. **Fang, A.** (2019, November). Expanding the reach of CBT through community, industry, and neuroscience partnerships. Panel chaired at the meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
5. **Fang, A.** (2019, November). Therapeutic potential of oxytocin for improving cognitive processes and behavior in PTSD and substance use disorders. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA

6. **Fang, A.** (2016, November), Novel strategies for enhancing cognitive-behavioral therapy: D-cycloserine, oxytocin, and exercise. Symposium chaired at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
7. **Fang, A.** (2016, July). Reflecting on BDD: Recent findings and implications for treatment. Symposium chaired at the annual meeting of the International OCD Foundation, Chicago, IL.
8. Calkins, A. W., & **Fang, A.** (2013, November). Brain matters! Application of novel translational research findings to anxiety and depression. Symposium co-chaired at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

## CONFERENCE SYMPOSIA

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1. **Fang, A.** (2022, May). Me, Myself, and I: Neurobiological Mechanisms of Self-Focused Attention to Inform Precision Therapeutics in Anxiety and Obsessive-Compulsive Disorders. Invited Biological/ Neuroscience Early Career Spotlight Symposium presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
2. **Fang, A.**, Baran, B., Beatty, C., Mosley, J., Manoach, D. S., & Wilhelm, S. (2021, March). Default mode network connectivity in self-focused disorders and relation to treatment response during cognitive behavioral therapy. In A. Fang (Chair), Leveraging neuroscience to examine predictors and mechanisms of treatment in anxiety and related disorders. Virtual symposium conducted at the annual meeting of the Anxiety and Depression Association of America.
3. **Fang, A.**, Baran, B., Beatty, C., Mosley, J., Manoach, D. S., & Wilhelm, S. (2021, March). Neural Correlates of Self-Focused Attention in Body Dysmorphic Disorder. In H. Weingarden (Chair), Understanding resilience, risk, and maintenance factors for body image disturbance in diverse psychiatric and non-psychiatric samples. Virtual symposium conducted at the annual meeting of the Anxiety and Depression Association of America.
4. **Fang, A.**, Baran, B., Beatty, C., Manoach, D. S., & Wilhelm, S. (2019, July). Neural correlates of maladaptive self-focused attention in body dysmorphic disorder and relation to cognitive behavioral therapy outcome. In I. Kollai (Convenor) & B. Summers (Chair), Body Dysmorphic Disorder- Innovative methodological approaches to refining classification, assessment, and mechanisms of pathology. Symposium conducted at the 9<sup>th</sup> World Congress of Behavioural and Cognitive Therapies, Berlin, Germany.
5. **Fang, A.** (2018, November). Strategies for augmenting and optimizing CBT: Current status and links to neuroscience. Invited panelist at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
6. **Fang, A.**, Arora, A., Davidson, E., Abrams, D., Lawson, E. A., & Wilhelm, S. (2018, November). Intranasal oxytocin modulates higher-order social cognition in body dysmorphic disorder. In F. Dietel (Chair), Predictors of treatment response and novel strategies for the augmentation of cognitive-behavioral therapy for body dysmorphic disorder. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

7. **Fang, A.**, Davidson, E. J., Jacoby, R. J., Germine, L. T., Lawson, E. A., & Wilhelm, S. (2017, November). Biases in social cognition in body dysmorphic disorder. In H. Weingarden (Chair), Am I at risk? Factors predicting the development and maintenance of obsessive-compulsive related disorders. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
8. **Fang, A.**, Weingarden, H., Sprich, S., Reese, H., Safren, S. A., Abrams, D., & Wilhelm, S. (2017, April). Outcomes of cognitive-behavioral therapy provided by trainees in a general hospital setting. In A. Asnaani (Chair), From RCTs to the clinic: Predictors, moderators, and other factors influencing naturalistic CBT outcomes for populations with anxiety disorders. Symposium conducted at the meeting of the Anxiety and Depression Association of America, San Francisco, CA.
9. **Fang, A.**, Hofmann, S. G., & Brager, D. A. (2016, November). The role of intranasal oxytocin in psychiatry: Effect on psychiatric symptoms in placebo-controlled trials. In A. Fang (Chair), Novel strategies for enhancing cognitive-behavioral therapy: D-cycloserine, oxytocin, and exercise. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
10. **Fang, A.**, Berman, N. C., Feldman, G., Clayton-Matthews, J., Jacobo, M., & Harley, R. M. (2015, April). A naturalistic study of predictors of response to dialectical behavior therapy. In A. W. Calkins (Chair), Factors affecting treatment outcome: Risk, resilience, and retention. Symposium conducted at the meeting of the Anxiety and Depression Association of America, Miami, FL.
11. **Fang, A.**, & Hofmann, S. G. (2013, November). Effect of intranasal oxytocin on pro-social behavior in social anxiety disorder. In A. W. Calkins & A. Fang (Co-Chairs), Brain matters! Application of novel translational research findings to anxiety and depression. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
12. **Fang, A.**, Sawyer, A. T., Asnaani, A., & Hofmann, S. G. (2012, November). Effect of attention retraining for social anxiety disorder on body dysmorphic symptoms. In J. L. Greenberg & A. S. Hartmann (Co-Chairs), Cognitive processing in body dysmorphic and related disorders. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
13. **Fang, A.**, & Hofmann, S. G. (2011, November). Relationship between body dysmorphic disorder and social anxiety disorder. In C. A. Gutner (Chair), Diagnostic considerations in the classification of body dysmorphic disorder: Symptoms across anxiety disorders. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
14. **Fang, A.**, Hofmann, S. G., Barlow, D. H., Gorman, J. M., Shear, M. K., & Woods, S. W. (2010, November). Preliminary evidence for cognitive mediation during cognitive-behavioral therapy of panic disorder. In S. A. Steinman (Chair), Patterns and mechanisms of change in panic disorder. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

*Co-Authored Symposia*

1. Wilhelm, S., **Fang, A.**, Steketee, G., Keshaviah, A., Didie, E., & Phillips, K.A. (2017, November). Mechanisms of change in cognitive-behavioral therapy for body dysmorphic disorder. In H. Weingarden (Chair), Am I at Risk? Factors predicting the development and maintenance of obsessive-

compulsive related disorders. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

2. Wilhelm, S., **Fang, A.**, Steketee, G., Keshaviah, A., Didie, E., & Phillips, K.A. (2016, July). Mechanisms of change in cognitive-behavioral therapy for body dysmorphic disorder. In A. Fang (Chair), Reflecting on BDD: Recent findings and implications for treatment. Symposium conducted at the meeting of the International OCD Foundation, Chicago, IL.
3. Hofmann, S. G., Smits, J. S., Simon, N., Meuret, A. M., Asnaani, A., Sawyer, A. T., Gutner, C., **Fang, A.**, Marques, L., Tart, C., Jacoby, R., Robinaugh, D., Rosenfield, D., Shiekh, M., Otto, M.W., & Pollack, M. H. (2012, April). Short-term and long-term efficacy of d-cycloserine augmentation of cognitive-behavioral group therapy in social anxiety disorder. In S. G. Hofmann & M. H. Pollack (Co-Chairs), Efficacy of d-cycloserine augmentation of cognitive behavioral group therapy in generalized social anxiety disorder. Symposium conducted at the meeting of the Anxiety Disorders Association of America, Arlington, VA.
4. Asnaani, A., **Fang, A.**, Hinton, D., & Hofmann, S. G. (2011, November). Cultural aspects in social anxiety: An empirical review. In A. N. Howell (Chair), Cross-cultural and racial variants in social anxiety and social anxiety disorder. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
5. Marques, L., **Fang, A.**, Weingarden, H., LeBlanc, N., & Wilhelm, S. (2009, November). Symptom presentation, perceived etiological factors, and treatment utilization among ethnic minorities with body dysmorphic symptoms. In L. Marques (Chair), Body dysmorphic disorder: Informational processing, cultural influences, and treatment. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
6. Fama, J. M., **Fang, A.**, Franklin, S., Buhlmann, U., Steketee, G., & Wilhelm, S. (2008, November). Recollections of influential childhood relationships in individuals with OCD and BDD. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

## CONFERENCE POSTER PRESENTATIONS

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†Indicates trainee

1. **Fang, A.**, Baran, B., †Iannazzi, E., Manoach, D. S., & Wilhelm, S. (2023, April). Default mode and dorsal attention network connectivity as a predictor and mechanism of clinical improvement during cognitive behavioral therapy in a transdiagnostic sample. Poster presented at the annual meeting of the Society of Biological Psychiatry (virtual).
2. †Crane, J., †Grennan, G., †Greene, S., †Iannazzi, E., †Mosley, J., & **Fang, A.** (2022, November). Neural and electrodermal responses during vicarious extinction learning in socially anxious individuals. Poster presented at the SIG Expo at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.  
*\*Selected for third place in SIG student poster competition*
3. †Iannazzi, E., †Grennan, G., †Zhao, Y., & **Fang, A.** (2022, November). Distinguishing neural correlates of emotion processing and self-referential processing in social anxiety disorder and body dysmorphic

disorder. Poster presented at the SIG Expo at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

4. Wolfe, E. C., Laky, Z. E., Snorrason, I., **Fang, A.**, Summers, B. J., Weingarden, H., Phillips, K. A., Wilhelm, S., & Greenberg, J. L. (2022, November). Clinical characteristics of sexual minority individuals with body dysmorphic disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
5. †Zhao, Y., †Grennan, G., & **Fang, A.** (2022, November). Applying a drift diffusion model to test the effect of oxytocin on attentional bias in body dysmorphic disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
6. Derissen, M., Majid, D. S. A., Tadayon-Nejad, R., **Fang, A.**, & Feusner, J. D. (2022, October). Moving toward a reliable multimodal predictive model of clinical outcomes in anorexia nervosa. Poster to be presented at the annual meeting of the European College of Neuropsychopharmacology, Austria, Vienna.
7. Berger-Gutierrez, R., Snorrason, I., Greenberg, J. L., Usmani, A., Summers, B. J., **Fang, A.**, Phillips, K. A., & Wilhelm, S. (2022, July). Other-focused concerns in Asian individuals with Body Dysmorphic Disorder: The need for culturally valid assessment measures. Poster presented at the annual meeting of the International OCD Foundation, Denver, CO.
8. †Mosley, J., †Crane, J., & **Fang, A.** (2022, March). Improvements in social cognition after cognitive behavioral therapy for self-focused patients with social anxiety disorder and body dysmorphic disorder. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Denver, CO.
9. Wolfe, E. C., Laky, Z. E., Hoepfner, S. S., **Fang, A.**, Berman, N., & Wilhelm, S. (2021, November). Obsessive-compulsive and depressive symptoms as predictors of loneliness: Insights from data gathered during the COVID-19 pandemic. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies [Virtual].
10. Blashill, A., Davidson, E., **Fang, A.**, Grunewald, W., & Wilhelm, S. (2019, November). Clinical divergence in body dysmorphic disorder and muscle dysmorphic: Illuminating key differences in severity and symptomatology. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
11. †Beatty, C. C., Wilhelm, S., Manoach, D. S., & **Fang, A.** (2019, November). Behavioral correlates of maladaptive self-focused processing in individuals with body dysmorphic disorder and social anxiety disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
12. †Beatty, C. C., Hoepfner, S., †Smilansky, H., Lawson, E. A., Wilhelm, S., & **Fang, A.** (2019, November). Effect of intranasal oxytocin on modulating attentional bias in body dysmorphic disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

13. **Fang, A.**, Baran, B., †Beatty, C., Manoach, D. S., & Wilhelm, S. (2019, September). Neural correlates of maladaptive self-focused attention in body dysmorphic disorder and relation to cognitive behavioral therapy outcome. Poster presented at the MGH Neuroscience Day, Boston, MA.
14. †Beatty, C., Wilhelm, S., Manoach, D. S., & **Fang, A.** (2019, July). Self-perception in individuals with body dysmorphic disorder and social anxiety disorder. Poster presented at the 26<sup>th</sup> Annual International OCD Foundation Conference, Austin, TX.
15. **Fang, A.**, Baran, B., †Beatty, C., Wilhelm, S., & Manoach, D. S. (2019, May). Predicting cognitive behavioral therapy treatment outcome using neural markers of maladaptive self-focused attention. Poster presented at the annual meeting of the Society of Biological Psychiatry, New York, NY.
16. †Shin, J., Ladis, I. E., Lawson, E. A., Wilhelm, S., & **Fang, A.** (2018, November). Effect of oxytocin on trust behavior in body dysmorphic disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
17. †Ladis, I., Shin, J., Lawson, E. A., Wilhelm, S., & **Fang, A.** (2018, November). Effect of oxytocin on threat interpretations in body dysmorphic disorder and healthy control participants: The moderating effects of anxious attachment and interpersonal sensitivity. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
18. **Fang, A.**, Baran, B., †Porth, R., Wilhelm, S., & Manoach, D. S. (2018, May). Resting state functional connectivity in the Default Mode Network in patients with maladaptive self-focused attention. Poster presented at the annual meeting of the Society of Biological Psychiatry, New York, NY.
19. **Fang, A.**, Baran, B., †Porth, R., Wilhelm, S., & Manoach, D. S. (2018, April). Resting state functional connectivity in the Default Mode Network in patients with maladaptive self-focused attention. Poster presented at the Harvard Psychiatry Research Mysell Day, Boston, MA.
20. †Porth, R., Sarvode Mothi, S., **Fang, A.**, Wilhelm, S., & Phillips, K. A. (2017, November). Maladaptive schemas in individuals with body dysmorphic disorder. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
21. †Davidson, E. J., Porth, R. E., Abrams, D. H., Germine, L. T., Lawson, E. A., Wilhelm, S., & **Fang, A.** (2017, November). Interpersonal functioning in individuals with body dysmorphic disorder. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
22. †Abrams, D., **Fang, A.**, †Davidson, E. J., †Porth, R., Weingarden, H., Sprich, S., Reese, H., Safren, S., & Wilhelm, S. (2017, November). Sudden gains in a naturalistic study of cognitive-behavioral therapy for OCD, GAD, PTSD, and Panic. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
23. †Davidson, E. J., †Porth, R. E., Abrams, D. H., Germine, L., Wilhelm, S., & **Fang, A.** (2017, May). Interpersonal functioning and complex emotion recognition in individuals with body dysmorphic disorder. Poster presented at the meeting of the Association for Psychological Science, Boston, MA.
24. †Abrams, D., **Fang, A.**, Weingarden, H., Sprich, S., Reese, H., Safren, S., & Wilhelm, S. (2017, May). Sudden gains in the treatment of OCD: observations from a naturalistic study of Cognitive Behavioral

Therapy provided by trainees. Poster presented at the meeting of the Association for Psychological Science, Boston, MA.

25. †Davidson, E. J., †Porth, R. E., Abrams, D. H., Germine, L. T., Lawson, E. A., **Fang, A.**, & Wilhelm, S. (2017, April). Interpersonal functioning and complex emotion recognition in individuals with body dysmorphic disorder. Poster presented at the Harvard Psychiatry Research Mysell Day, Boston MA.
26. †Abrams, D., **Fang, A.**, Weingarden, H., Sprich, S., Reese, H., Safren, S., & Wilhelm, S. (2017, April). Sudden gains in the treatment of OCD: Observations from a naturalistic study of Cognitive Behavioral Therapy provided by trainees. Poster presented at the Harvard Psychiatry Research Mysell Day, Boston, MA.
27. **Fang, A.**, Baran, B., Greenberg, J. L., Wilhelm, S., & Manoach, D. S. (2017, April). Neural correlates of response inhibition in obsessive compulsive disorder. Poster presented at the Harvard Psychiatry Research Mysell Day, Boston, MA.
28. **Fang, A.**, †Gomez, A. F., Sullivan, A. D., Lawson, E. A., & Wilhelm, S. (2015, July). Effect of intranasal oxytocin on social cognition in body dysmorphic disorder. Poster presented at the meeting of the International OCD Foundation, Boston, MA.
29. **Fang, A.**, & Hofmann, S. G., (2015, November). Effect of intranasal oxytocin administration on psychiatric symptoms: A meta-analysis of placebo-controlled studies. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
30. †Gomez, A. F., Cooperman, A. W., Sullivan, A. D., **Fang, A.**, Wilhelm, S., Reese, H., & Sprich, S. (2015, November). Treatment attrition among CBT patients of unlicensed psychology trainees in a general hospital setting. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
31. **Fang, A.**, & Hofmann, S. G. (2014, March). Effect of intranasal oxytocin on pro-social behavior in social anxiety disorder. Poster presented at the meeting of the Anxiety and Depression Association of America, Chicago, IL.
32. **Fang, A.**, & Hofmann, S. G. (2014, November). Attachment style moderates the effect of oxytocin on attentional processing in social anxiety disorder. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
33. Cooper, D. M., **Fang, A.**, & Hofmann, S. G. (2011, November). Association between social anxiety and body dysmorphic concerns. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
34. Dickstein, B. D., Krantz, L. H., **Fang, A.**, Baker, M. T., Tansley, D. P., Peterson, A., & Litz, B. T. (2011, March). Perceptions of mental healthcare and willingness to seek treatment among military medical personnel. Poster presented at the meeting of the American Psychopathological Association, New York, NY.



35. **Fang, A.**, Gutner, C., Wilhelm, S., & Hofmann, S. G. (2010, June). Sensitivity to rejection in social anxiety disorder and body dysmorphic disorder. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
36. **Fang, A.**, Gutner, C., Asnaani, A., Wilhelm, S., & Hofmann, S. G. (2010, November). Sensitivity to rejection among individuals with social anxiety and body dysmorphic concerns. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
37. Weingarden, H., Marques, L., **Fang, A.**, & Wilhelm S. (2009, November). Perceived social support in males vs. females with body dysmorphic disorder symptoms. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
38. Franklin, S., **Fang, A.**, Buhlmann, U., Marques, L., & Wilhelm, S. (2008, November). Traumatic experiences in individuals with Body Dysmorphic Disorder. Poster presented at the meeting of the American Psychological Association, Boston, MA.
39. **Fang, A.**, Renaud, S., Buhlmann, U., Fama, J. M., Chosak, A., Steketee, G., Phillips, K., & Wilhelm, S. (2008, August). Motivation in BDD: Association between symptoms severity and readiness-to-change. Poster presented at the meeting of the American Psychological Association, Boston, MA.
40. Franklin, S., **Fang, A.**, Fama, J. M., Steketee, G., & Wilhelm, S. (2008, July). Perceived parental styles in individuals with obsessive compulsive disorder and body dysmorphic disorder. Poster presented at the meeting of the Obsessive Compulsive Foundation, Boston, MA.
41. **Fang, A.**, Franklin, S., Fama, J. M., Steketee, G., & Wilhelm, S. (2008, July). Levels of expressed emotion in Obsessive-Compulsive Disorder and Body Dysmorphic Disorder. Poster presented at the meeting of the Obsessive Compulsive Foundation, Boston, MA.

## TEACHING EXPERIENCE

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### University of Washington

- 2023- Instructor, Behavior Change (PSYCLN542/PSYCH448)
- 2021- Instructor, Clinical Supervision (PSYCLN583)
- 2021- Instructor, Practicum in Anxiety, Obsessive Compulsive, and Traumatic-Stress Related Disorders (PSYCLN588)
- 2021- Instructor, Anxiety, Obsessive Compulsive and Traumatic Stressor-Related Disorders (PSYCLN532)
- 2021- Instructor, Undergraduate Research (PSYCH499)
- 2021- Instructor, Directed Reading (PSYCH498)
- 2021 Instructor, Minority Mental Health (PSYCLN560)
- 2020- Instructor, Research Strategies in Clinical Psychology (PSYCLN513)

### Massachusetts General Hospital

- 2017, 2019 Lecturer, Cognitive Behavioral Therapy Seminar Series (Psychology interns)
- 2017-2020 Instructor, OCD and Related Disorders Program Journal Club
- 2015-2020 Lecturer, OCD and Related Disorders Series (Research coordinators)

## **Boston University**

2013 Teaching Fellow, Abnormal Psychology (PS371)  
2012 Instructor, Abnormal Psychology (Summer Challenge Program)  
2009-2012 Teaching Fellow, Introduction to Psychology (PS101)

## **MENTORING**

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### **Mentored Doctoral Graduate Students (University of Washington)**

2021- Yuchen Zhao, M.S.  
2021- Emily Iannazzi  
2021- Gillian Grennan

### **Student Committees**

2023 Peter Rosencrans, University of Washington  
2016 Sophie Schneider, Macquarie University

### **Mentored Clinical Psychology Interns (Massachusetts General Hospital)**

2019-2020 Emily Dowgwillo, M.A.  
2018-2019 Nicholas Jacobson, M.A.  
2017-2018 Brian Van Buren, M.A.  
2016-2017 Jacqueline Helcer, M.A.

### **Mentored Undergraduate Honors Theses (University of Washington)**

2022- Ken Kavin  
2020-2022 Cecilia Mustelin  
2020-2022 Nikita Nerkar

### **Mentored Research Assistants and Lab Coordinators**

2022 Serenity Greene, Stipends for Training Aspiring Researchers (STAR) Program  
2021-2023 Isabel Flynn, University of Washington  
2020- Jessica Crane, University of Washington  
2020-2022 Jennifer Mosley, University of Washington  
2018-2020 Clare C. Beatty, Massachusetts General Hospital  
2018-2020 Hannah Smilansky, Massachusetts General Hospital  
2016-2018 Eliza J. Davidson, Massachusetts General Hospital  
2016-2018 Rachel Porth, Massachusetts General Hospital  
2016-2017 Dylan Abrams, Massachusetts General Hospital  
2016 Alexandra Shapiro, Massachusetts General Hospital  
2016 Charli Suchin, Massachusetts General Hospital  
2016-2017 Aishvarya Arora, Massachusetts General Hospital  
2015-2016 Alexandra Sullivan, Massachusetts General Hospital  
2014-2016 Angelina Gomez, Massachusetts General Hospital

## **CLINICAL EXPERIENCE**

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2021- Co-Director, CALM Clinic for Anxiety, Traumatic Stress, and Obsessive-Compulsive Related Disorders

- University of Washington
- 2020- Licensed Clinical Psychologist  
State of Washington (PY61098918)
- 2016- Independent Private Practice
- 2015-2022 Licensed Clinical Psychologist and Health Service Provider  
State of Massachusetts (License #10240)
- 2016-2017 Massachusetts General Hospital/Harvard Medical School, Staff Psychologist  
Outpatient Psychiatry Department, Blake 11 Inpatient Psychiatric Unit, OCD and Related Disorders Program
- 2014-2016 Massachusetts General Hospital/Harvard Medical School, Clinical Fellow  
Outpatient Psychiatry Department, Blake 11 Inpatient Psychiatric Unit, Eating Disorders Clinical and Research Program, Center for Anxiety and Traumatic Stress Disorders Program, OCD and Related Disorders Program  
Supervisors: Lee Baer, Ph.D., Jennifer L. Greenberg, Psy.D., Meredith Charney, Ph.D.
- 2013-2014 Massachusetts General Hospital/Harvard Medical School, Psychology Intern  
Outpatient Psychiatry Department, Acute Psychiatry Service  
Supervisors: Lee Baer, Ph.D., Jennifer L. Greenberg, Psy.D., Hannah Reese, Ph.D., Meredith Charney, Ph.D., Susan Sprich, Ph.D., Jeanne Fama, Ph.D.
- 2010-2013 Center for Anxiety and Related Disorders, Boston University, Therapist  
Supervisors: Lisa Smith, Ph.D., Todd Farchione, Ph.D., Elizabeth Pratt, Ph.D.
- 2011-2012 MGH Bipolar Clinic and Research Program, Practicum Student  
Supervisors: Thilo Deckersbach, Ph.D., Louisa Sylvia, Ph.D.
- 2010-2011 Psychological Services Center, Boston University, Practicum Student  
Supervisors: Lisa Smith, Ph.D.; Rosemary Toomey, Ph.D.

## **PROFESSIONAL SERVICE**

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### **Ad Hoc Grant Review**

- NIH Adult Psychopathology and Disorders of Aging Study Section (2022)
- NSF Graduate Research Fellowship Program (2020)

### **Editorial Board Service**

- 2020-2022 Frontiers in Psychiatry, Associate Editor
- 2020- Cognitive and Behavioral Practice, Editor
- 2020- Journal of Psychopathology and Clinical Science, Consulting Editor
- 2017- Journal of Medical Psychology, Editor

### **Ad Hoc Journal Reviewer**

Anxiety, Stress, and Coping; Assessment; Behavior Therapy; Behaviour Research and Therapy; Biological Psychiatry: Cognitive Neuroscience and Neuroimaging; Cognitive and Behavioral Practice; BMC Psychiatry; Body Image; British Journal of Psychology; Clinical Psychological Science; Clinical Psychology and Psychotherapy; Clinical Psychology Review; CNS Neuroscience & Therapeutics; CNS Spectrums; Cognitive and Behavioral Practice; Cognitive Therapy and Research; Depression and Anxiety; European Journal of Psychotraumatology; General Hospital Psychiatry; Journal of Anxiety Disorders; Journal of Abnormal Psychology; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Consulting and Clinical Psychology; Journal of Obsessive-Compulsive and Related Disorders; Journal of Psychosomatic Research; Mindfulness; PLoS ONE; Psychiatry Research; Psychoneuroendocrinology; Scientific Reports; Social Cognitive and Affective Neuroscience

### **Professional Memberships**

Anxiety and Depression Association of America  
Genetics and Neuroscience SIG  
Association for Behavioral and Cognitive Therapies  
Neurocognitive Therapies/Translational Research SIG  
Association for Psychological Science  
International OCD Foundation  
Body Dysmorphic Disorder SIG  
Society of Biological Psychiatry  
Society of Clinical Psychology (American Psychological Association Division 12)  
Society for a Science of Clinical Psychology

### **Conference Reviewer**

Association for Behavioral and Cognitive Therapies (2018-2020)  
Anxiety and Depression Association of America (2015-2018)

### **Departmental Service**

Diversity Steering Committee (2021-)  
Graduate Program in Neuroscience Admissions Committee (2021-2022)  
Undergraduate Awards Committee (2020-2021)

### **Other Professional Roles**

Chair, ABCT Leadership and Elections Committee (2022-)  
Chair, ABCT Neurocognitive Therapies/Translational Research SIG (2019-2022)  
Program Committee Co-Chair, Society of Clinical Psychology (APA Division 12) (2018-2019)  
DSMB Member, The Role of Estrogen in the Neurobiology of Eating Disorders: A Study of Cognitive Flexibility and Reward in Eating Disorders (2019-)  
DSMB Member, Optimizing Cognitive Behavioral Therapy for Panic Disorder (2017-2021)  
Awards Committee, Association for Behavioral and Cognitive Therapies (2017-2020)  
Award Reviewer, MGH Eugene L. Emerson Award (2017, 2018)

### **Media and Outreach**

BrainSTEM Podcast on “Anxiety Disorders” with Dr. Hilary Marusak (2022)  
Committee Member, Dartmouth Asian Pacific American Alumni Association (DAPAAA) (2020-)  
Blog Contributor, IOCDF BDD SIG (2020)  
Interview with The Daily at the University of Washington (2020)  
Interview about BDD with New England Psychologist (2019)

Interview about BDD with Radio Health Journal (2017)  
Blog Contributor, ABCT Neurocognitive Therapies/Translational Research SIG (2017)  
“Psychology as a Viable Career Path”, John D. O’Bryant Boston Public High School (2016)  
Blog Contributor, BeautyRefinedMD website (2016-2018)  
2007-2017 Class2Class Program, Dartmouth College (2016)  
Blog Contributor, OCD and Families website (2015-2016)  
Panelist, Minds Matter Career Day (2014)